

Very pleasant and worthwhile experience and would thoroughly recommend and use again.

The service I received at the unit was excellent and I was treated with total professionalism.

Excellent support and detailed, informative consultation. The advice was a great help and led to significant improvements.



To request this leaflet in another format, please contact: communications.office@ed.ac.uk

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Injury and illness at work

Please note we do not offer a treatment service for injuries and illness. If you are injured or ill at work, please seek help from your local first aider or, if the situation is more serious, seek NHS medical care as appropriate.

Car parking

We do not have parking on site, but there is pay parking on the adjacent streets.

For visitors with limited mobility, we share a single disabled space with another department, but this is unfortunately not reservable.

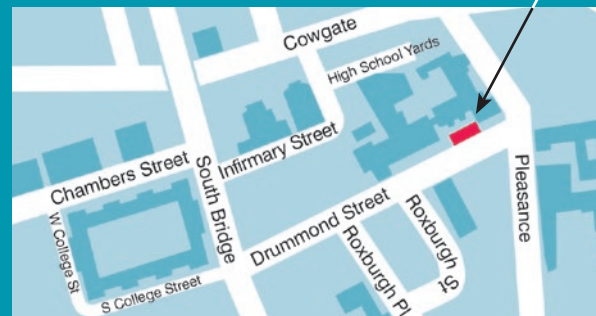
Contact details

Address: Occupational Health Service, Drummond Street Annexe, Drummond Street, Edinburgh EH8 9XP

Telephone: 0131 650 8190

Email: Occupational.Health@ed.ac.uk

Web: www.ed.ac.uk/health-safety/occupational-health



THE UNIVERSITY
of EDINBURGH

Occupational Health Service



www.ed.ac.uk/health-safety/occupational-health

About us

We are part of the Health and Safety Department within Corporate Services.

We provide confidential advice and guidance to all staff to promote good physical and mental health in the workplace, and we help to ensure the working environment is safe.

Our team consists of specialist nurses and doctors, as well as technicians, administration staff and physiotherapists who collectively have a wide range of expertise.

Our aims

We aim to provide a high-quality advisory service to:

- promote health and wellbeing at work;
- offer independent, impartial and confidential advice for all employees;
- assist managers, employees and certain students meet their legal duty to minimise the health risks of specific work hazards;
- support and advise during illness or injury to rehabilitate and return to work.

Some of our services

We offer a wide range of services including:

- statutory health surveillance, which includes periodic health checks for identified workplace hazards such as respiratory and skin sensitisers;
- attendance management advice;
- advice on rehabilitation and phased return to work;
- advice and training for the management of illness, the referral process, and for mental health and wellbeing awareness;
- work-related travel advice;
- immunisations needed for work at home or abroad;
- impartial assessment for early retirement on health grounds;
- support to access physiotherapy services where work is a factor.



How referral works

You do not have to be referred by your manager; you can refer yourself if you feel your work is affecting your health or vice versa.

We will be pleased to discuss, in confidence, any concerns you have about how your work may be affecting your health, or vice versa.

You can contact us by telephone or email, and you might find it helpful to visit our web pages first.

We may ask you to complete a form which will be treated in strict confidence. This helps us to be clear about what your concerns are, and to direct you to the appropriate adviser.

The adviser will either respond to you directly, if that is all that is required, or make you an appointment for the most appropriate clinic.

Missed appointments

If you find you cannot attend an appointment, please tell us as soon as possible so we can give it to someone else and make you a new one.